

## **PET (Animal) ASSISTED ACTIVITIES**

Provides opportunities for motivational, educational and/or recreational benefits to enhance a person's well-being. Pet Assisted Activities are delivered in a variety of environments by trained, registered therapy teams. This professional volunteer team has met criteria as defined by Pet Partners® regarding health, grooming, behavior, professionalism and social skills.

The team delivers educationally enriching interactions that can enhance programs in schools, libraries, private practices, hospitals, nursing/assisted living, rehab, residential and other treatment modalities where individuals or groups need comfort, connection and motivation.

## **PET (Animal) ASSISTED THERAPY**

Pet (Animal-Assisted Therapy) is a goal-directed intervention delivered by a health/human service professional with specialized expertise within the scope of practice of his/her profession. The team uses pets such as dogs, cats and horses, in collaboration with attending primary care staff, to promote improvement in physical, social, emotional and/or cognitive functioning of an individual or group. This benefits a wide spectrum of populations to enhance recovery, quality of life, teach life management or other "specific" skills and goals.

## **SERVICES PROVIDED**

- Therapy dog team training
- Team Evaluations (Pet Partners)
- Behavior Coaching
- Facility / Team Connection Assistance
  - Registered Visiting Teams
  - Reading with Dogs Teams
- Program Development
- Continuing Education and Support
- E-newsletter / NEPP Connects
- Scholarship Program for potential teams

**Are you or your organization interested in a visiting pet program?**

**Does your pet enjoy engaging with people and have good socialization skills and manners?**

**Consider making a difference by becoming a Registered Pet Partner Team.**

We are grateful for donations to help with administrative and operational costs.

**DISCOVER HOW YOU CAN  
MAKE A DIFFERENCE!  
VISIT NEPP TO DONATE AND  
LEARN ABOUT OUR  
SPONSORSHIP BENEFITS!**



# **New England Pet Partners Inc.®**

**Non-Profit 501c.3**

**#46489 Pet Partners®**

*Sharing our pets to enhance  
well-being and education*

**a Smile, a Word, a Laugh, a Deep Breath  
a Hand Reaching, a Trust, a Touch  
a Step Forward, a Sense of Well Being  
a Small Change Makes a Big Difference**

**For More Information  
[newenglandpetpartners.org](http://newenglandpetpartners.org)  
[info@nepetpartners.org](mailto:info@nepetpartners.org)**

**P.O. Box 534 / 24 Tenney Rd.  
Pelham, NH 03076—3143  
Ph: 603-635-DOGS (3647)  
C: 603-661-3647**

## ABOUT THE ORGANIZATION

**New England Pet Partners, Inc. (NEPP)** is a Community Pet Partner, #46489, non-profit 501c.3, privately funded volunteer-focused organization that provides pet therapy team training, licensed team evaluations and coaching for program development.

- Visit [www.petpartners.org](http://www.petpartners.org) for resources on How To Become a Registered Pet Partner
- Visit [newenglandpetpartners.org](http://newenglandpetpartners.org) to meet our Board of Directors, Advisors, Sponsors.
- Join NEPP Connects our newsletter to list your facility / team requests.
- Join us on our Private New England Pet Partner's Team Group Facebook page to connect with teams/facilities and post your visiting gigs.

## CO-FOUNDERS / TEAMS / VOLUNTEERS

Visit our [website](#) to learn more about our Founders, Board of Directors, Volunteer Teams and Events.

## PROGRAM AND TEAM TRAINING

The success of a pet assisted therapy program relies on passion, experience and dedication. **NEPP** helps train volunteer teams, offers licensed team evaluations and resources. We assist in connecting facility and teams. We offer sage advice on safely integrating pet assisted therapy with individuals and groups.

## OUR PASSION

Sharing our pets to enhance well-being and education with therapy pets.

## RESOURCES AND SUPPORT

Support, mentoring, and coaching is offered to potential Pet Partner Teams.

Being a pet therapy team can be stressful for humans and pets. NEPP provides “a sanctuary” for the teams to train, get support, and when ready, sign up with Pet Partners for a Team Evaluation.

## COSTS OF SETTING UP A PROGRAM

Registered Volunteer Pet Partner Teams visit free-for-service after meeting with facility staff.

Costs for developing programs or **therapeutic intervention** depends upon the professional delivering the service, and the unique needs of an organization, individual or group.

Visit [AAAIP \(Association for Animal Assisted Intervention Professionals\)](#) to **learn more about Pet Partner's programs.**

## BENEFITS OF VISITING PET PROGRAMS

Humans are keenly aware of the therapeutic benefits of well-trained pets who enjoy engaging with people.

A growing number of studies show that pets can contribute to physiological and psychological well-being, connection, increased self-esteem, reduce blood pressure and lower anxiety levels.

- Visiting Pet Programs can enhance general well being, reduce stress, break barriers of communication and increase motivation.
- Visiting Pet Programs can support physical, occupational, speech, emotional and cognitive functioning therapies.
- In acute care, where patients can be fragile and anxious, connecting /touching a calm pet is therapeutic.
- Pet Therapy can increase patient/client incentive to exercise fine motor, wheelchair and verbal skills.
- Read with Me Teams are integrated into schools, libraries and universities to boost children's reading skills and reduce sensory overload.
- Health Care Professionals may introduce pets as an intervention with specific goals.